

## ABSTRACT OF THE DISCLOSURE

The invention relates to the domain of retention garments and to those used to facilitate the application of the same. The invention especially relates to a garment or an undergarment to be placed under a retention garment, which is characterized in that it is essentially knitted with at least two different stitch structures, a first, knitted according to a float stitch pattern in a textile material having a smooth outer surface, and a second, knitted according to a weft stitch pattern in an adapted elastic textile material having a weft count of between 240 dtex and 600 dtex, in such a way as to generate a slight compression or retention.